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School newspaper “Healthy kids“, June 2022, issue №5

Healthy kids

Erasmus+ project “Healthy Live - Healthy Kids - Healthy Future“

Short-term exchanges of groups of pupils in Ruse, Bulgaria

6th June – 10th June 2022

Day 1.



Welcome meeting at Vazrazhdane Secondary School – Ruse, Bulgaria. Welcome to the school!



Reception ceremony held in the school hall.



Presenting the partner schools, countries, and cities by the students - Portugal, Romania, North Macedonia, Bulgaria.





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Physical activity. Sports activities in PE classes – 4 b grade In the school gym.



School tour: visiting lessons, offices, gyms, playgrounds, school library. Walk in the city park.



SCOLA GIMNAZIALA NR. 1 PERISORU
ADRIETA CALABAI



Day 2.

Visiting the Ecomuseum with an aquarium. Walking through the city center, along the promenade, in the park. Sports competition games organized by the teachers of the groups of full-time training in 4th grades; 3 teams from 4th grades, guest students were also included. In the school gym.



Walk in the city park. Visit to the City Hall and the mayor of Ruse. Visit to the robotics exposition with LEGO for students.



Day 3.

Visiting the Balkan Mountains - excursion to the Old Capital city of Tarnovo. Visiting Tsarevets Fortress and Trapezitsa. Visit to the Museum of Illusions. Along the Samovod Bazaar. Walking through the central part of Veliko Tarnovo and a visit to the monument Mother Bulgaria.





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Day 4.

Walking through the Rusenski Lom Nature Park and a visit to the Basarbovo Rock Monastery.



Visiting the Lipnik Forest Park in the village of Nikolovo. Walk in the nature park, around the lake. Entertaining outdoor sports games presented by the partners.



Visit to the concert-performance of the world-famous folklore ensemble "Naiden Kirov"-Ruse.



Day 5.

IT game and sports activity (In the school yard).



Coordinators' meeting. Presentation of the diaries of the participants prepared by the students before the meeting.





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Rhythmic dances. Fun activities. Folk dances.



Farewell lunch at the Charlino restaurant, certificates and gifts.



Goodbye, dear friends! Hope we will meet again in next Erasmus+ project!



ȘCOALA GIMNAZIALĂ NR. 1 PERIȘORU
ADRESA: CALĂRAȘI



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